



**UNIVERSITY OF
NEW HAVEN**

**MEDITATION &
SPIRITUALITY
CENTER**

Meditation & Spirituality Center

The University of New Haven Meditation and Spirituality Center was created to fill a need in our community. In the Fall of 2013, this space was opened to provide students a place to enrich their spiritual development.

Did you know?

The Meditation and Spirituality Center has a dedicated space for students of the Muslim faith. There are separate prayer rooms for men and women and foot-washing stations for convenient ritual washing.

Hours of Operation

7:00 AM - 10:00 PM Daily
Location: 15 Ruden Street
Ground Level

Need Access After Hours?

If you would like to use the Center After Hours or Reserve the Space for a Program or Meeting contact the Dean of Students Office.

Guidelines

This center is for students of all faiths and beliefs to use in a manner that reflects the best that their religious or spiritual tradition has to offer the campus community. To ensure that all can utilize the center in the manner it was intended, the following guidelines must be followed:

- Food and drink are not permitted.
- Candles, incense and open flames are not permitted.
- The center is for use by registered UNewHaven students only.
- Spouses, children and non-UNewHaven friends may not utilize the space.
- This is a tech free zone. Please be sure to put away and turn off all electronic devices.
- Please take your shoes off when you enter and them on the rack provided.
- Please be sure the space is secured (external doors closed and locked) when you enter and leave.
- It is important to remember that your after hours card access privileges are for your use only. You should not be permitting others to enter with your campus card.

Please notify the Dean of Students Office, 203-932-7432, should you have a problem or concern.