# Honors Senior Spotlight



## Chelsea Cassidy, '21

Hometown: Milford, Connecticut

Major: Health Sciences

**Thesis Title:** Effect of Sociodemographic Factors on Use and Attitude of Birth Control Among Undergraduate Students

Thesis Advisor: Dr. Rachael Petitti

### What is your thesis about?

How sociodemographic factors (Age, gender, race, economic status, marital status etc.) and level of sex education affect both birth control behaviors and general feelings about birth control among undergraduate students.

#### What motivated and/or inspired you to select this as your research topic?

I am very passionate about increasing accessibility to birth control/sex education. My research will show what populations are being failed by our current sex education system and will allow for positive changes to be made in the future for these groups.

Do you have any advice for future Honors students thinking about writing an Honors Thesis? Choose a topic that you are passionate about and that aligns with your future career goals. It makes the process much more valuable.

#### After graduating, what are your plans?

I will be taking graduate classes at Southern Connecticut State University and working towards my Masters in Social Work!