Content Analysis of Community Solutions Inc. Alternative-in-the-Community Programs

Kellie Wiltsie, Criminal Justice and National Security Double Major

Dr. Kento Yasuhara

Abstract

Although there is extensive research regarding the treatment of male offenders, there is growing literature on the treatment of female offenders, which focuses on gender-responsive treatment programs.  This growing literature, however, lacks research regarding gender-responsivity in community-based alternatives to incarceration. The current study is a content analysis of two manuals: the female-only Moving On program and the male-only Reasoning and Rehabilitation (R&R) program, seeking to identify the similarities and differences between the programs. The results of this study align with the theoretical research on gender-responsive treatment programs. Similarities include the utilization of motivational interviewing, challenging harmful self-talk, and developing pro-social relationships. There are also several key differences: Moving On uses relational theory, motivational interviewing, and cognitive-behavioral intervention, whereas R&R uses the SARA Model, differences in delivery style and length, as well as the presence of an aftercare program for Moving On. Future studies should seek to address whether or not gender-responsive programs can be implemented to men and women who are currently incarcerated.

Brief Biography

My name is Kellie Wiltsie and I am a senior double majoring in Criminal Justice and National Security Studies. I am from Fairport, New York and am planning to attend law school after graduation from the University of New Haven.