

TOP TEN TIPS FOR STUDYING

Tip #1: Gather any and all information

To prepare yourself for an exam, begin by gathering any past exams (if cumulative), homework, assignments, articles, and readings that might be on the exam.

Tip #2: Study in new places

Cognitive psychologists suggest that studying in alternative places can help you retain information better.

Tip #3: Don't pull an all-nighter

It may seem like a good idea at first, but not getting any rest is counterproductive. You will be able to study more efficiently when you are well rested.

Tip #4: Go to class

The best way to prepare for an exam is to attend class and participate. It may seem like all the information you need is in the textbook or PowerPoint, however, many professors also test on what is discussed during the lecture.

Tip #5: Manage your time

Don't leave studying for the night before the exam! By dividing the material into sections and studying throughout the week, you will be able to manage and learn the information easier.

Tip #6: Make Flash Cards

Writing out note cards helps you to retain information better and is useful for testing yourself or studying with others.

Tip #7: Attend any and all review sessions

Usually the week before an exam, the professor will go over what material will be covered on the exam. Use this to focus your studies on what is the most important information to know. Also attend any review sessions that may be held outside of class.

Tip #8: Ask questions

If you are unclear about a specific piece of information, ask your professor to clarify it for you. By waiting to study until the night before, it might be too late to ask any questions you have.

Tip #9: Study with a friend or group of peers

Studying with others is a useful way to learn more information and look at things from a different perspective

Tip #10: Test yourself

When you are finished studying a section or all of the material, test yourself or have friends or family quiz you. This is the perfect opportunity to see what you know and what you need to review more.

